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Sustainable Development in Practice (Specialty) Level 5 (hidden)

Sustainability

The holder of this EduBit can apply knowledge of sustainable development, systems, and behaviour change to design, analyse, implement, and assess the effectiveness of, interventions to promote behaviour change towards United Nations Sustainability Goal [*insert SDG name(s) here*] in the context of an issue in their community, workplace, or study life.

- Level 5
- Credits 5
- \$99 NZD (GST incl.)

Assessment

You are required to submit evidence of the following:

1. Analyse how an issue in their community, workplace, or school, a Sustainable Development Goal, and other social, economic, political, or environmental systems impact on or relate to each other.
2. Apply theories of behaviour change to design, implement, and assess success of, interventions for promoting behaviour change towards a Sustainable Development Goal in the context of an issue in their community, workplace, or school.

To earn this EduBit, all work must be your own and you must submit evidence exactly as requested in the Task instructions.

When you've finished gathering your evidence, press Purchase. Trained and experienced assessors are standing by to evaluate your evidence and provide feedback on how you did for each task, as well as how you did overall.

- If your evidence does not yet meet the requirements, we will provide feedback on what is missing and encourage you to practice your skills and attempt the EduBit again at a later date.
- If there are minor gaps in your submission evidence, you will be given the opportunity to resubmit. You will have 14 calendar days to add the missing evidence and submit for re-evaluation.
- If you have any questions, please check our [Frequently Asked Questions](#) or feel free to email us at hello@edubits.nz.

Learning Recommendations

[The 17 United Nations Sustainable Development Goal](#)

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[The 4 System Conditions](#)

[The Four Systems Conditions of a Sustainable Society](#)

[Donella Meadows, Leverage Points for implementing change](#)

[Gibbs Reflective Cycle](#)

Tasks

Proof of Identity

Please include a scanned copy of photo identification (e.g. passport, drivers licence, work ID card).

General Information

Please provide the following information:

1. What is the name of your organisation (work, school, community organisation)?
2. What type of organisation is this?
3. A brief description of your role in the organisation.

Task 1: Analyse how an issue in their community, workplace, or school, a Sustainable Development Goal, and other social, economic, political, or environmental systems impact on or relate to each other.

You will need to:

1.1. Identify your issue or area of focus, the change you would like to achieve, and explain how it aligns with a UN Sustainable Development Goal.

This could be an issue or problem you are passionate about.

You must:

- Identify your area of focus.
- Describe why it is important to you and how you see this issue reflected in your own community, work or school context.
- Describe the change or changes you would like to see.
- Briefly explain how at least one (1) UN Sustainable Development Goals aligns with your area of focus.

You may like to write your thoughts in an essay, or present your thoughts in a video. Maximum 400 words or 1 minute video (please download the [Video Evidence Guidelines](#)).

1.2. Analyse how your area of focus and the Sustainable Development Goal identified in Task 1.1 impacts on, or relates to, each of these four (4) areas:

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- Social
- Political
- Environmental
- Economic

Please note that these impacts or relationships may be positive, negative, or neutral.

You must:

- Provide references to systems thinking which support your analysis.
- Provide a coherent and clear analysis of the impact or relationship each of these (4) areas have within their area of focus and the UN SDG.

You may like to use a table, a mind-map with supporting comments, or write your thoughts in a short essay, or present your analysis in a video. Maximum 1,000 words or 5 minute video (please download the [Video Evidence Guidelines](#)).

A [template](#) is provided if you would like to use it.

1.3. Using your analysis from Task 1.3., further analyse how these social, political, environmental, and economic factors further impact on or relate to each other.

You must identify and analyse at least two (2) connections, explaining the impact of these factors on each other.

You may like to use a table, or a mind-map with supporting comments, or write your thoughts in a short essay, or present your thoughts in a video. Maximum 1,000 words or 5 minute video (please download the [Video Evidence Guidelines](#)).

A [template](#) is provided if you would like to use it.

Task 2: Apply theories of behaviour change to design and assess success of interventions for promoting behaviour change towards a Sustainable Development Goal in the context of an issue in their community, workplace, or school.

You will need to:

2.1. Using the change you'd like to see from Task 1.1., identify possible interventions (actions) you could take which may promote this behavioural change.

You must include at least three (3) ideas for interventions (we recommend you think of as many as possible, so you can choose your best ideas for Task 2.2.)

You may like to use a table, or a mind-map, or write your thoughts in a short essay, or present your thoughts in a video (maximum 1,000 words or 5 minute video (please download the [Video Evidence Guidelines](#)).

2.2. Applying theories of behaviour change and systems thinking, analyse at least two (2) of the interventions you have identified in Task 2.1 and select which intervention you will implement. Justify your selection.

You must include:

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- Identify which of Meadows 9 places these will intervene in the system
- Potential changes in behaviour that may result (positive, negative, and neutral)
- Barriers to successfully promoting or achieving behaviour change
- An analysis of the impact the intervention will have on other systems (social, political, environmental, economic).
- A justification of your choice based on the above.
- References to behaviour change and systems thinking theory to support your analysis and selection.

You may like to use a table, or a mind-map, or write your thoughts in a short essay, or present your thoughts in a video.

Maximum 1,000 words or 5 minute video (please download the [Video Evidence Guidelines](#)).

2.3. Provide a brief plan for the implementation of your chosen intervention.

You must include:

- Resources or research required.
- A time frame.
- How you will measure success (this may be qualitative or quantitative or both).

Maximum 200 words.

Task 3: Apply theories of behaviour change to implement and assess success of interventions for promoting behaviour change towards a Sustainable Development Goal in the context of an issue in their community, workplace, or school.

You will need to:

3.1. Reflect on the implementation of your chosen intervention and assess the success of the intervention in achieving behaviour change.

You must include:

- A judgement of whether you were successful or not, which includes your measure of success as a reference
- Identification of areas of learning or challenges and an analysis of the underlying causes of these challenges
- Description of actions for improvement based on the reflection.

Use these prompting questions:

- What went well?
- What were the challenges?
- How did you measure success and were you successful in achieving behaviour change?
- What did you learn?
- What actions would you take next time to improve outcomes?

You may use a reflective framework if you choose, e.g. [Gibbs Reflective Cycle](#).

You may like to use a table, or a mind-map, or write your thoughts in a short essay, or present your thoughts in a video.

Maximum 1,000 words or 5 min video (please download the [Video Evidence Guidelines](#)).

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3.2. Provide a copy of the Attestation form from a manager, senior colleague, or member of a partner organisation involved in the sustainability intervention in Task 2.3, to verify you have implemented the intervention.

Please download the [Attestation Form](#) and make sure it is completed, signed and dated before uploading to this task



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